



Friendship & Service



INNER WHEEL DISTRICT 323



SPARSA

E-Bulletin 2019-20

Volume - I



Friendship & Service

DISTRICT 323

Sparsa (E-Bulletin)



PHYLLIS CHARTER
IIW President 2019-20



MAMTA GUPTA
Association President / National Representative 2019-20

DISTRICT EXECUTIVE COMMITTEE MEMBERS 2019-20



NALLINI OLIVANNAN
District Chairman



USHA SARAOGI
District Vice Chairman



KALA RAJASEKHAR
Assn. Council Member



ARASI PONMOZHI
District Secretary



ARATHI NARAYANAN
District Treasurer



PDC VASUMATHI MARIMUTHU
District ESO



KAMALA SELVAM
District ISO



SUGEETHA VUMMITI
District Editor



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DISTRICT CCC COMMITTEE



PDC Seema Bhargava

Constitution & Credential Committee Chairman



PDC Bhamini Parathsarathy

Constitution & Credential Committee Member

DISTRICT CO-ORDINATORS



PDC Nalini Prabhakar

Rubella



PDC Radha Ranganathan

Menstrual Hygiene



PDC Fathima Nasira

Mission Mamta

OBITUARY



District 323 condoles the sudden and sad demise of **District ESO Anuradha Karthik**, of Inner Wheel Club of Madras Central Aaditya. Her spirit of enthusiasm on Inner Wheel would always be remembered. May the Almighty rest her noble soul in peace.

*Though nothing can bring back the hour
Of splendour in the grass, of glory in the flower,
We will grieve not, rather find
Strength in what remains behind*

- William Wordsworth



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Nallini Olivannan
District Chairman 2019-20
Inner Wheel District 323



Greetings!

Am thoroughly overwhelmed, with the projects and events happening in our District, since the beginning of the new Inner Wheel year 2019 -2020.

July being the Installations month, every club had the new team induction and significant contributions to the less privileged with much grandeur and poise. The Installation program served as the perfect ground for bonding and friendship amongst Presidents and amongst club members.

August saw a wide band of meaningful projects ranging from Breast feeding awareness campaigns, Independence Day celebrations, educational help to needy students, environment protection, village adoption, career profiling with psychometric tests, Madras Day Quiz, et all.

September, saw the mega ISO program which was conducted by the club ISOs spearheaded by District ISO. Yet another event was the walkathon organised by the clubs to ring in awareness on an Orphan Free India and healthy and clean Environment. Teachers Day has been celebrated at schools with orientation program, workshops and seminars.

My special appreciations to the Miracle maker Presidents (club leaders) - each and everyone, who is a strong force holding the club together and creating memorable moments for their club. My heartiest congratulations and fullest support to you. My truly happy to be serving the District as Chairman, when you are leading your club.

The vast and collective wisdom of the Past District Chairmen of our District is the guiding light with which we at the District Executive Committee complete our tasks.

The District Executive Committee is weakened beyond words with the unfortunate loss of AnuradhaKarthik. Committee members are putting up a brave front though struggling to comprehend the loss of beloved Anu.

Editor Sugeetha the newest addition to the EC is raring to go places with such soft and firm steps. Highly experienced District ISO Kamala has just completed the super dooper ISO event. Treasurer Arathi is all set for an innovative infotainment rich MazhalaiOli. Secretary Arasi makes sure to have members updated with minutes and information. Vice Chairman Usha meticulously plans the Presidents Meetings.

Sincere thanks to PDC Vasu for stepping to assume the role of District ESO.

CCCC PDC Seema makes us richer with the Inner Wheel information which clubs are taking in with taste.

Thanks to Sugeetha for the effort and idea to bring out a e-newsletter. Enjoy reading and viewing!



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Seema Khaitan

National Editor 2019-20

Association of Inner Wheel Clubs in India



Dear Sugeetha Vummiti,

Warm Inner Wheel Greetings!!!

I welcome you for bringing out your first e-bulletin for the year 2019-20. Let us move ahead into the phase where our service to mankind reaches directly to the ones who need it the most. I express my sincere gratitude to the dedicated efforts of all the Members of your District who have involved themselves so willingly.

As we all know, Inner Wheel is one of the largest women voluntary organisation in the world. Through friendship and service it's time to spread love and move ahead into a fruitful phase, while making India Orphan Free and working towards the goal for Mission Mamta. Our selfless dedication and hard work pays towards service to humanity.

District 323 has done many thought provoking and imaginative projects and is in the process of doing lot of amazing work. Let us move ahead where our service to mankind reaches directly to the needy and destitute of the society. Through our friendship and service we are striving for bridging the distances and coming even closer and creating an atmosphere of love and affection, care and action. In the last three months your dedication and team work has reflected on the projects done by Clubs in your District deserves all the appreciation.

My special appreciation and thanks to you and your District Executive and also to your Clubs for making Mission Mamta a grand success.

Yours in Service & Friendship,



Editor's desk (first quarterly July – Sept 2019)

*Inspire and get inspired on each occasion
+ participate wholeheartedly in the process*

Warm Inner Wheel Greetings !

Congratulations to all for being as Proud Inner Wheel Member of our District 323. Each day is well spent on planning strategically for the social services and implementing it wisely. Friendship, bonding, humour, are the imprints we tag & share with each other thus co-creating and impacting our services to even greater heights. We always kept our flag of Inner Wheel high by tapping the needy source of the receivers. The clubs are strengthened by careful guiding of Charter Presidents & Past Presidents, and new members are cheered with grace.

'Sparsa' is the coming together of three factors: the sense organ, the sense object and sense consciousness. By naturally tendering Sparsa, we illuminate the noble hearts of many needy receivers. Sparsa is the momentum of the positive feel and the power of Sparsa reverberates the wholeness of joy in us. Each service is aligned with Sparsa resulting in ultimate satisfaction. Each Sparsa page carries the depth of love & gratitude to the society.

Our unity is the strength we carry on ourselves; And proudly beam the slogan with mighty roar collectively as 'Together we Can'. Functioning with this theme, Presidents are fulfilling and marching ahead with the goals as 'Miracle Makers'.

Wishing each one of you a very happy and prosperous Deepawali!

Breast Feeding Awareness Week

First week of August carried the much needed awareness talks on 'Breast Feeding' with the help of doctors at Maternity Hospitals, Primary Health Centers. Inputs on its significance and how it benefits to both the mother and baby were highlighted and presents were gifted to pregnant women, new mothers and babies



Inner Wheel Club of Ambur



Inner Wheel Club of Guindy



Inner Wheel Club of Marimainagar



Inner Wheel Club of Chennai Galaxy



Inner Wheel Club of Chennai Symphony



Inner Wheel Club of Chennai Sunshine



Inner Wheel Club of Chennai Vibrant



Inner Wheel Club of Tiruvannamalai



Inner Wheel Club of Chennai Aadya

AWARENESS TALKS ON HEALTH

The Clubs enthusiastically gave awareness talks on Tobacco, Reproductive Health, Rubella, Health & Nutrition, Organ Donation, Menstrual hygiene, Good touch and Bad touch. These were organised for students in Schools and Colleges. Awareness talks were held for members and guests, where it was emphasised on Child adoption.



Inner Wheel Club of Madras Fort



Inner Wheel Club of Chennai Korattur



Inner Wheel Club Chennai of Thiruvaniyur



Inner Wheel Club of Madras Next Gen



Inner Wheel Club of Madras Central



Inner Wheel Club of Madras Central Aaditya



Inner Wheel Club of Madras Cosmos



Inner Wheel Club of Chennai KK Nagar



Inner Wheel Club of Madras Midtown



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The Joy of Food

Food is more than survival. With it we make friends, court lovers, and count our blessings. The joy of sharing food captures the power of a meal to forge relationships, bury anger, provoke laughter.' Annadanam', the traditional culture is marked by the clubs with care and support.



Inner Wheel Club of Chennai Unique



Inner Wheel Club of Chennai United



Inner Wheel Club of Chennai Presidency



Inner Wheel Club of Gudiyattam



Inner Wheel Club of Madras South



Inner Wheel Club of Nanganallur



Inner Wheel Club of Madras Ranipet



Inner Wheel Club of Madras Esplanade

For the 6th consecutive year, the Daandiya Night Fund raiser event was proudly organized by **Inner Wheel Club of Adyar**, for the noble cause of 'Welfare of the underprivileged children'.

The senior charter members of the club opened the dance floor for the evening, followed by a scintillating Garba performance by professional dancers. Ladies across all ages had a fantastic time dancing to the beats of the DJ's popular Daandiya songs as well as Bollywood and Kollywood numbers. Inbetween on spot games were held and prizes were awarded to the winners.



Knowledge is Power

Stationery kits, Teachers' geometry box, Sanitary Vending machine & Sanitary napkins, Visit to Science labs, Scholarships and Books to Schools & Colleges, and Organising quiz events in Schools, Interschool talent contest for dyslexic kids, Providing basic facilities in Schools, are popularly caressed by the Clubs. They tenderly arouse 'Power of Knowledge' in students syncing with the quote, 'Knowledge has a beginning but no end.'



Inner Wheel Club of Chennai Presidency



Inner Wheel Club of Madras Bay City



Inner Wheel Club of Ranipet



Inner Wheel Club of Meenambakkam



Inner Wheel Club of Chennai Vibrant



Inner Wheel Club of Gudiyattam



Inner Wheel Club of Vellore



Inner Wheel Club of Chennai Vibrant



Inner Wheel Club of Chennai Verve



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Assam Flood Relief

During recent Assam floods, relief materials and provisions were packed and sent to affected areas through voluntary services by **Inner Wheel Club of Chennai Unique & Inner Wheel Club of Guindy**



District Chairman Visit Project of **Inner Wheel Club of Chennai Thiruvanniyur**. They donated 20 fire extinguishers at SevaSamajam Home



District Chairman Visit project of **Inner Wheel Club of Madras Metro** at Vengal village, Dental treatment camp with the help of Rtn.Dr. Mahesh, Menstrual hygiene awareness talk by District Secretary Arasi Ponmozhi was held. Also, toilet block foundation stone laying for 4 toilets was done.

Inner Wheel Club of Chennai Galaxy celebrated Independence Day as Chairman visit event in their Happy School, 'Panchayat Union Middle School' Manjankaranai, with District Chairman Nallini Olivannan as Chief Guest. Chairman hoisted the National Flag, National Anthem was sung, and students performed various events & Silambam. The Club donated 65 story books for library, contributed annual fees for Silambam, promised flooring to a room which is under work process now, and distributed prizes to the winners. Event concluded with the distribution of sweets and snacks.





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TEACHERS DAY

The Clubs honoured the teachers in various ways by awarding mementoes & gifts and conducting orientation programs, thereby making the students to understand the pivot role of teachers played in our society. The Students affection on teachers & well wishers added more glory thus resulting in them to learn more on our traditional respect to the 'Guru Sishya Parampara'.

"My ambition is not only to chronicle but to interpret and reveal the movement of the mind and unfold the sources of India in the profound plane of human nature" – **Dr. Sarvepalli Radhakrishnan**



Inner Wheel Club of Ambur



Inner Wheel Club of Madras Central



Inner Wheel Club of Meenambakkam



Inner Wheel Club of Madras Cosmos



Inner Wheel Club of Chennai Gemini



Inner Wheel Club of KK Nagar



Inner Wheel Club of Chennai Rainbow



Inner Wheel Club of Chennai Symphony

Inner Wheel Club of Nanganallur



HEALTH CARE

The dreams and opportunities get stagnated at times due to deficiency in Health. Here comes the aid of health care support by Inner Wheel friends by facilitating Eye & Dental and Dermatology care. Apart from this Blood Donation Camps, providing incubator sheets at Neonatal wards, spreading joy at Cancer Palliative Care, Rehabilitating the physically challenged through Mukthi foundation and supporting monthly medical expenses to the needy people were also done



Inner Wheel Club of Chennai Nolambur



Inner Wheel Club of Vellore North



Inner Wheel Club of Madras North



Inner Wheel Club of Madras Mount



Inner Wheel Club of Chennai Phoenix



Inner Wheel Club of Marimainagar



Inner Wheel Club of Madras Ashoknagar



Inner Wheel Club of Kancheepuram



Inner Wheel Club of Madras Esplanade

Sports event for Special Children - **KREEDA**, is a signature project of Inner Wheel Club Madras Fort. Chief Guest was Dr. MS Nagarajam Asia Specific Sports Manager, Hon. Guest was District Chairman Nallini Olivannan. All Children were provided breakfast, lunch, snacks, goodie bags, medals. Various stalls like tattoo, chocolate fountain, mimicry show, bouncing castle, etc. were organised





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INDEPENDENCE DAY

Independence Day Celebrations were functioned by the Clubs in their respective Schools. The day was carried with patriotism and recalling our freedom fighters. The clubs hoisted the tri coloured National Flag, followed by singing our National Anthem. Students were awarded the prizes for winning in their academic skills and entertainment events.



Inner Wheel Club of Tiruvannamalai



Inner Wheel Club Chennai of Vriksham



Inner Wheel Club of Chennai Sunshine



Inner Wheel Club of Vellore



Inner Wheel Club of Chennai United



Inner Wheel Club of Chennai Nolambur



Inner Wheel Club of Chennai Korattur



Inner Wheel Club of Chennai Gemini



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Tree Plantation

We complete ourselves aligning with nature profoundly with trees as they maintain ecological balance and also helps in maintaining the atmospheric temperature. Clubs are actively involved in tree plantation to increase the green cover by planting at Plaza Tranquil Acres Premises, Mahindra World City, Melperanamallur at Kancheepuram, Government Kasturba Gandhi Hospital and at Puzhal Jail.

MAHINDRA WORLD CITY



Inner Wheel Club of Madras North



Inner Wheel Club of Chennai Phoenix



Inner Wheel Club of Madras Metro



Inner Wheel Club of Adyar

Dumroo

Dumroo is a social media platform conceptualised by the **Inner Wheel Club of Madras** where Inner Wheel members can give away their pre loved items to projects of Inner Wheel Clubs. The project brings together members and projects without boundaries. Clubs can also request items for projects through Dumroo. There has been an excellent response and so far 20 exchanges involving 16 clubs have taken place so far



Inner Wheel Club of Madras organised a fun **Selfie Scavenger Hunt** alongwith pot luck lunch. 2 other clubs joined in this, as an ISO programme



The **Inner Wheel Club of Madras Midtown's** signature ISO event '**ExQuizIt Madras**' a quiz program on Madras was held on 24th of August 2019 at the Madras Management Association. The event had excellent participation of about 20 clubs. It was an infotainment event that had professional quiz masters Past President Rtn M Keshav and Mr.Jaikar Pandurangan. Cash prizes were given to the winners and also to the audience. The first prize was won by the Inner Wheel Club of Madras and the Chief Guest of the event was District Chairman Nallini Olivannan.

The highlight of the event was that it had stalls that were typically Madras inclusive of a 'kilijosiyam'.





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South Zone Meet

Around 27 members of **District 323** participated in the South zone meet at Mysuru on 7th & 8th Sept '2019. Hosted by District 318, inaugural session was graced by Sadguru Jaggi Vasudev of Isha Foundation and Cauvery Calling project was also launched. Association President Mamta Gupta, Past International IW President Pallavi Shah and Past Association President Shailaja Bhat and Past IIW Treasurer Azhagu Annamalai were present. Evening session had entertainment in which we participated with Bahubali dance. Following morning we had pink saree walkathon, yoga session, flag exchanges, lots of sessions and wonderful yellai sapadu.



CAREER GUIDANCE

Career guidance program by Inner Wheel District 323, started with training the Inner Wheel members as counselors. Then, Psychometric tests were conducted at High schools. The counselors were then trained to counsel students on the career options. The next step of counselling will start in schools in October.



Inner Wheel Club of Madras North



Inner Wheel Club of Madras Bay City



Inner Wheel Club of Madras South



Inner Wheel Club of Madras Central Aaditya



Inner Wheel Club of Nanganallur

MISSION MAMTA - WALKATHON

Inner Wheel District 323 conducted a **Walkathon** to create an awareness on making India Orphan free - promoting our theme of **Mission Mamta**. Also, created awareness on a **Clean and Healthy environment**. 30 clubs in the District participated in this Walkathon, at Elliots Beach, Besant Nagar on 22nd September 2019, 6.30 am.

Every participant in the walkathon had posters on their backs depicting the initiative of Orphan free India. This was covered in the press. More than 250 members participated in the Walkathon.





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MEGA DISTRICT ISO EVENT

IyarkaiyinArputhangal – Beauty of Nature

It was conducted at Museum theatre on 20th September 2019. Almost all the clubs participated in this event and had gala time
Chief Guest – Revathy Krishna, Guest of Honour – Chairman NalliniOlivannan



MEDIA

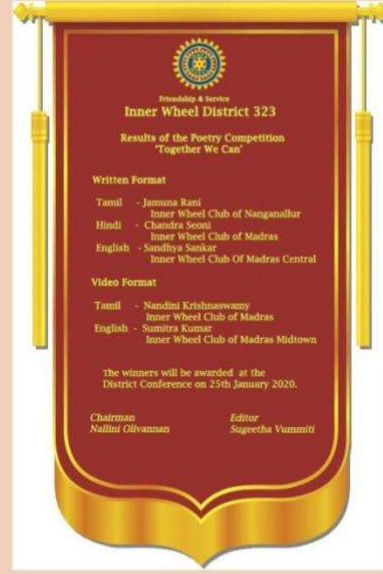




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UPCOMING EVENTS OF THE DISTRICT

- 12TH OCTOBER 2019 - MAZHALAI OLI'
14TH DECEMBER 2019 - AWARENESS EVENT ON
"KNOW YOUR CIVIC RIGHTS & DUTIES"
19TH DECEMBER 2019 - "THOZHI" : ESO EVENT

திருவள்ளுவரின் திருக்குறள்

**காலத்தி னாற்செய்த நன்றி சிறிதெனினும்
நூலத்தின் மாணப் பெரிது.**

Couplet Explanation:

A favour conferred in the time of need, though it be small (in itself), is (in value) much larger than the world.